



Milk and Honey Club



Theme 4

In the Beginning - Part 4

Cain and Abel



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Theme 4 – *In the Beginning Part 4 – Cain and Abel*

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Theme 4 - In The Beginning Part 4: Cain and Abel



- Parent and child share the follow up activities for others to hear (eg. What they learnt about 'the fall' of Adam and Eve, and what it means for them.)
- Cain and Abel's relationship with God and each other. Day 6 of creation day song.

Materials Needed

- ☐ Bible (s) suitable for children
- ☐ Colouring pens/pencils
- ☐ Bible Booklet - Cain And Abel - Options to Print as A5 Or A4 Booklet to Colour or Already Coloured
- ☐ Creation Song Day 6
- ☐ Creation Song Day 7
- ☐ Creation Song Day 7 Handwriting Sheets
- ☐ Pictures Of Cain and Abel Bringing Offerings to God
- ☐ Picture Of Cain Getting Angry
- ☐ 2 Colouring Pages of A Bowl of Fruit Per Child
- ☐ 'Giving My Best' Fun Activity Sheet About Making Good Choices.
- ☐ Day 6 Questions Sheet
- ☐ Day 7 Questions Sheet

Topics:- Giving with the right heart and mind. How to respond well to correction and discipline. Fairness, jealousy and anger.



Prayer:- Thank God for...

Ask God to help you...

Ask God to help others by...

Theme 4 - In The Beginning Part 4: Cain and Abel



Bible Verses:-

Genesis chapter 4 verses 1-17
Psalm 4 verse 5

Story: Cain and Abel -

See suggested discussion question below.

Activities



- Bible story: Read Cain and Abel booklet and discuss eg. using questions below. Give pictures of Cain and Abel bringing offerings to God for child(ren) to colour, with letters / words to practise writing on the back (eg. Good gift)
- 'Give God Your Best' colouring activity. Give 2 colouring pages of a bowl of fruit to each child. Tell child they have 1 minute to colour the first picture as fast as they can. Then give them more time to complete the second picture, and tell them to do their best colouring. (Or use modelling clay to do the same activity). When completed, ask child(ren) which one God would like best. Then ask which one they would give to God, and why?
Explain that although we can't always get everything right, God wants us to do the best we can and with a cheerful heart.
- Creation song Day 6 – Teach child(ren) verse 6 of the creation song, reminding them of previous verses. Discuss Day 6 questions (see Day 6 sheet). Remind child(ren) of the difference in the way that God made and related to man from the way He made and related to the animals (see Genesis chapter 1 verses 24-27, Genesis chapter 2 verses 7-8 and verses 18-22).

Discussion Questions

1. Abel was a shepherd, looking after the flocks of sheep, what did Cain do?
2. Both sons brought gifts to God. Was God pleased with both gifts?
3. Why wasn't God pleased with Cain's gift?
4. How did Cain feel when he saw that God accepted his brother's gift but not his?
5. Why is it right and important to give gifts (especially to God) in the right way?
6. What are some ways that you could show that you are giving your best?

Theme 4 - In The Beginning Part 4: Cain and Abel

Extra Activities for Theme 4

Suggested Activities:



- Re-read Genesis chapter 4 verses 1-17 from the children's bible, little by little using discussion questions (eg. see previous page) for recall.
- 'Giving My Best' fun activity about making good choices. (see activity sheet)
- Colour picture of Cain getting angry because God does not accept his sacrifice. Talk about the right way to react when we get things wrong. Help the child(ren) remember a time when they have responded a) well b) badly, to correction and / or tell them something that's happened like this to you. (Practice writing words to go with picture.)
- Give a gift or two: Ask child(ren) to choose to do something nice for one or two people this week, like make up a basket of fruit, or a cake, or draw a picture (it may be for someone who needs cheering up). Ask them to give the best they can, and explain that God is happy when we put our heart in to giving a good gift.
- Creation song Day 7 – teach verse 7 (final verse) of creation song, and discuss Day 7 questions (see sheet). Fill in letters on picture for writing practice.

Prayer Points



- Thank God for reminding me to do my best, and for giving me people who care enough to remind me, and correct me when I'm wrong.
- Ask God to give me a heart that wants to serve and love and make others smile.
- Ask God to help others to know what pleases Him.

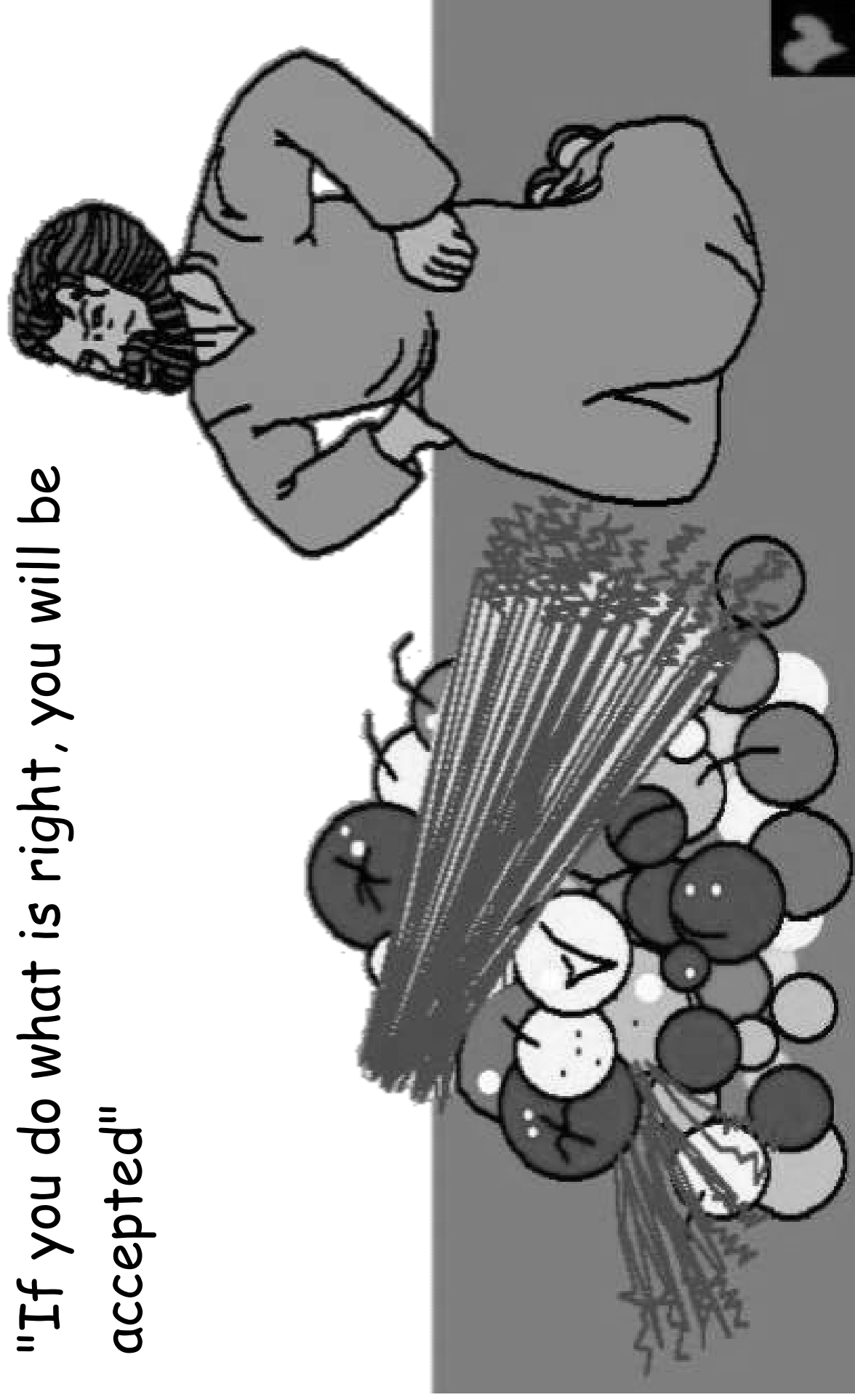
Cain and Abel



In time, a family was born to Adam and Eve. Their first son, Cain, grew fruit and vegetables. Their Second son, Abel, looked after animals. One day Cain brought God some vegetables as a gift. Abel brought some of the very best of his sheep as his gift to God. God was pleased with Abel's gift.



God was not pleased with Cain's gift.
Cain got very angry. But God said,
"If you do what is right, you will be
accepted"



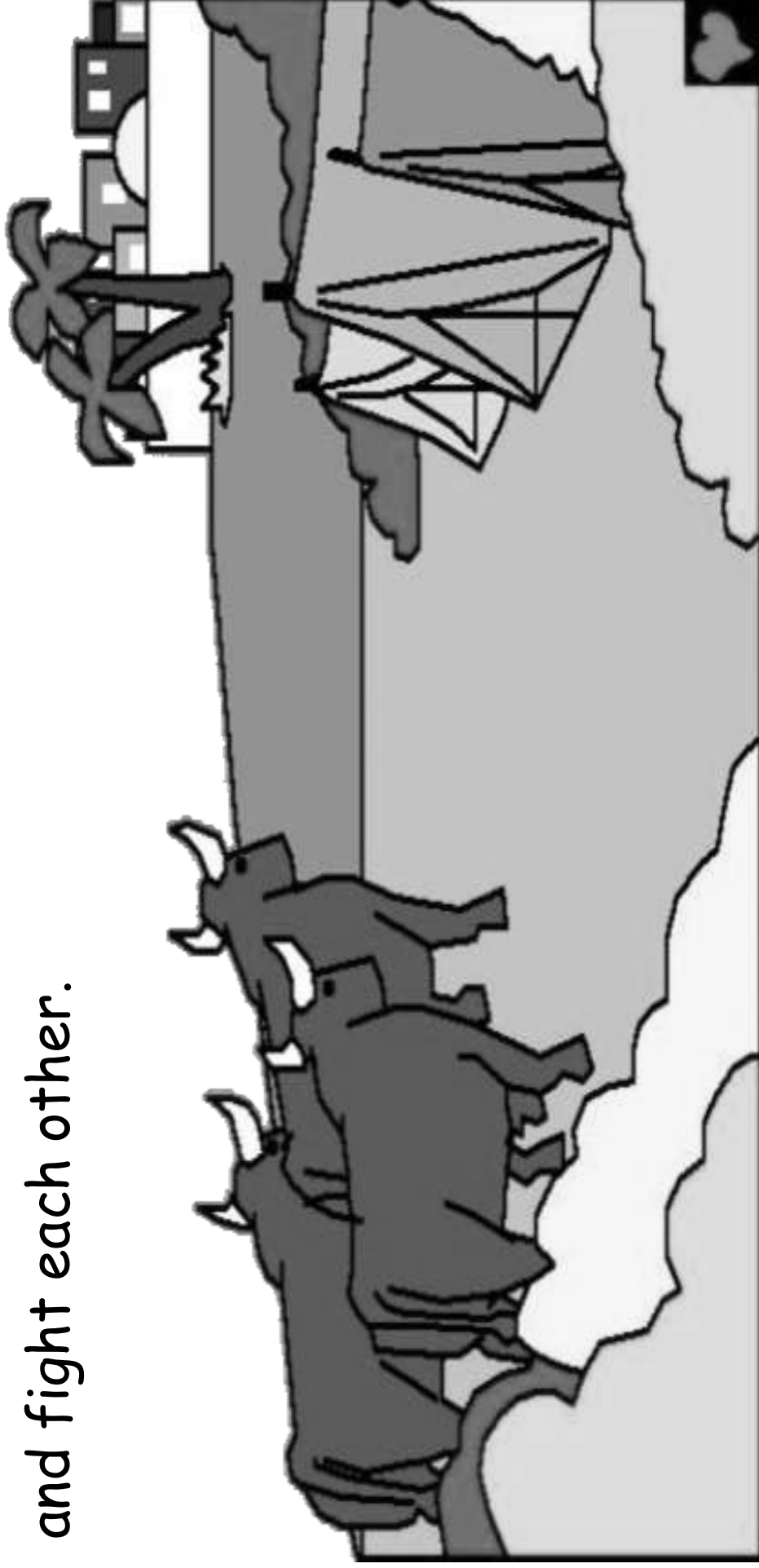
Cain's anger didn't go away.
Some time later in the field he
attacked Abel - and killed him!



God spoke to Cain. "Where is brother's, Abel?" "I don't know," Cain lied. "Am I my brother's keeper?" God punished Cain by making him not be able to grow food anymore. God told him he would keep moving across the land and never feel safe.



Cain went out from the presence of the LORD. He was married to a daughter of Adam and Eve. They raised a family. Soon, Cain's grand-children and great-grandchildren filled the city that he (founded) built. Some made tools, some made music, some started to hurt and fight each other.



Meanwhile, the family of Adam and Eve was growing. In those days, people lived much longer than today.



When her son Seth was born, Eve said, "God gave me Seth to replace Abel." Seth was a godly man who lived 912 years and had many children. Some of them believed in, and wanted to know, God.



Cain and Abel



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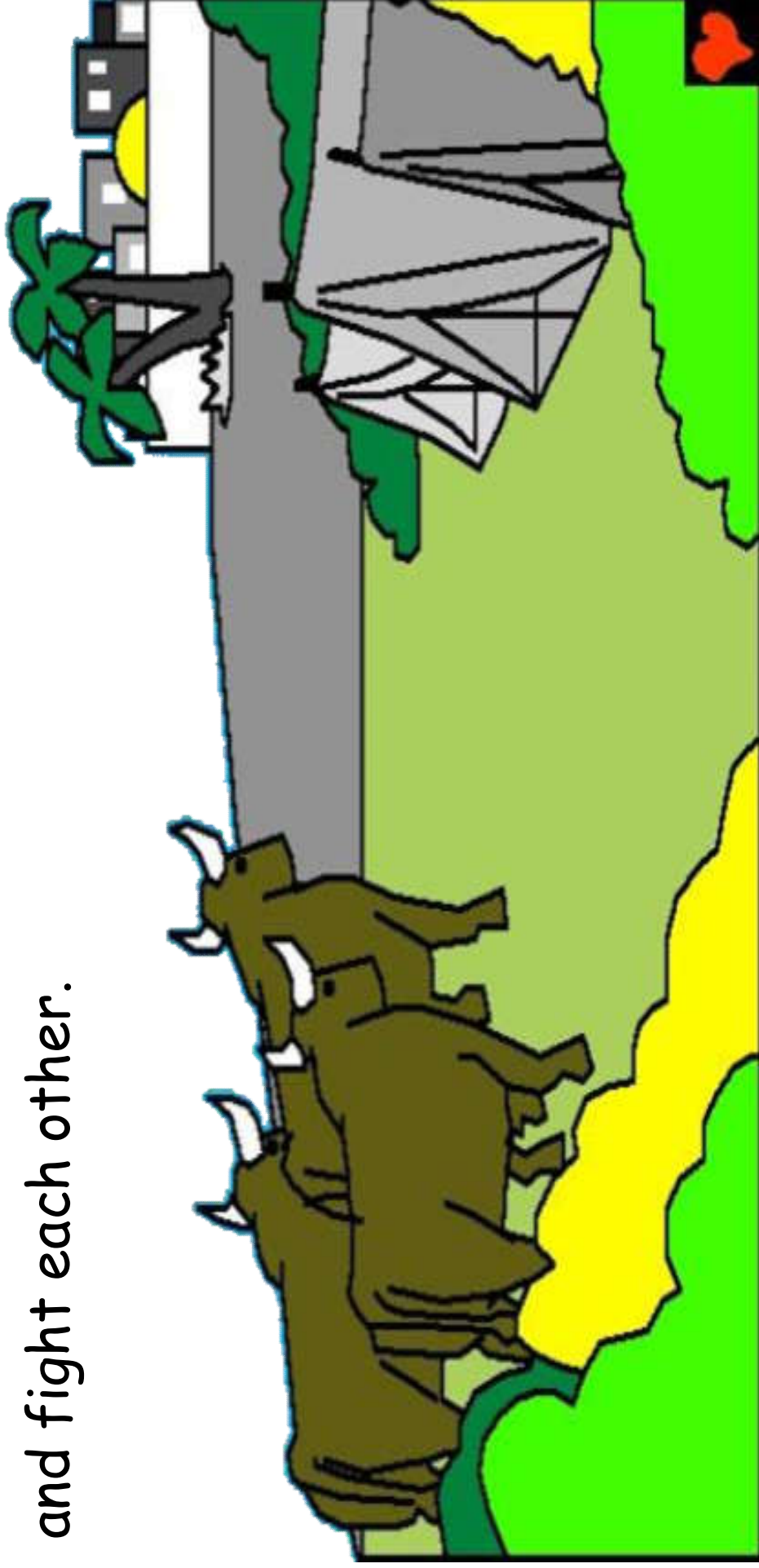
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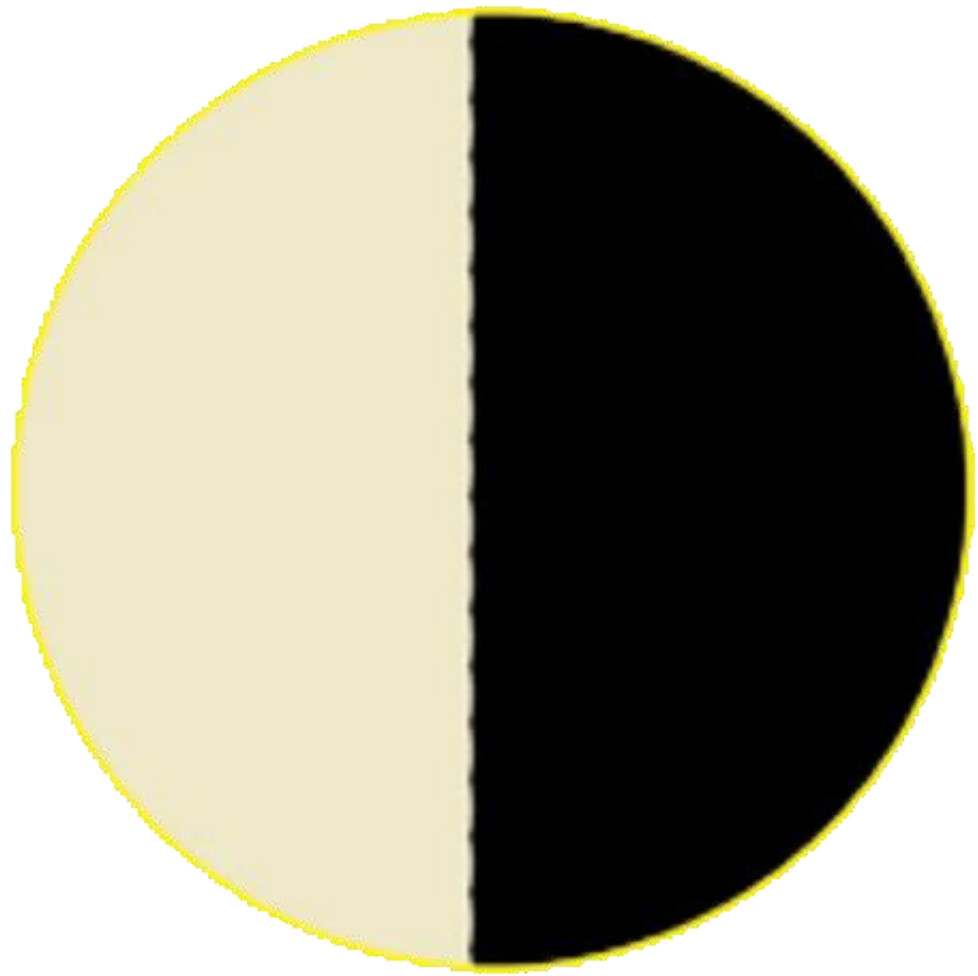


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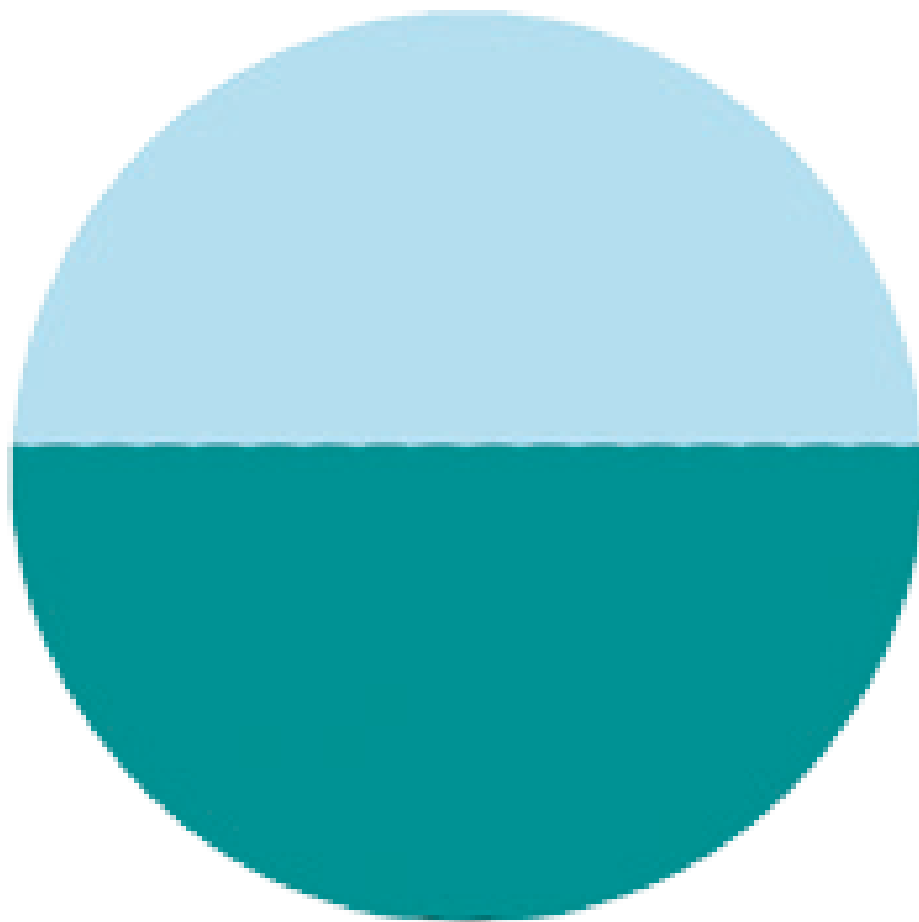


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On Day Number 1
God Made The **Light**.
He Called The **Light** Day And
He Called The **Dark** Night.



On Day Number 2

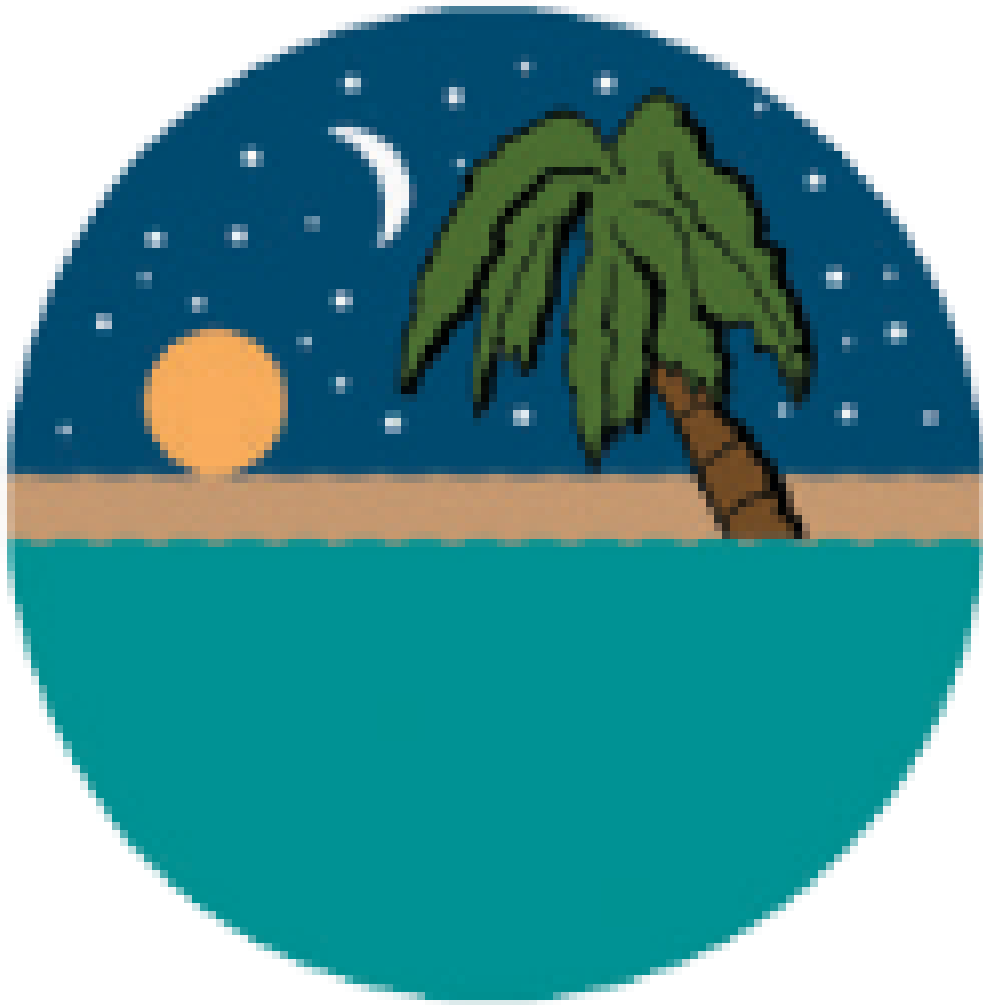
God Made The **Sky**.

He Put Some Water **Low** And

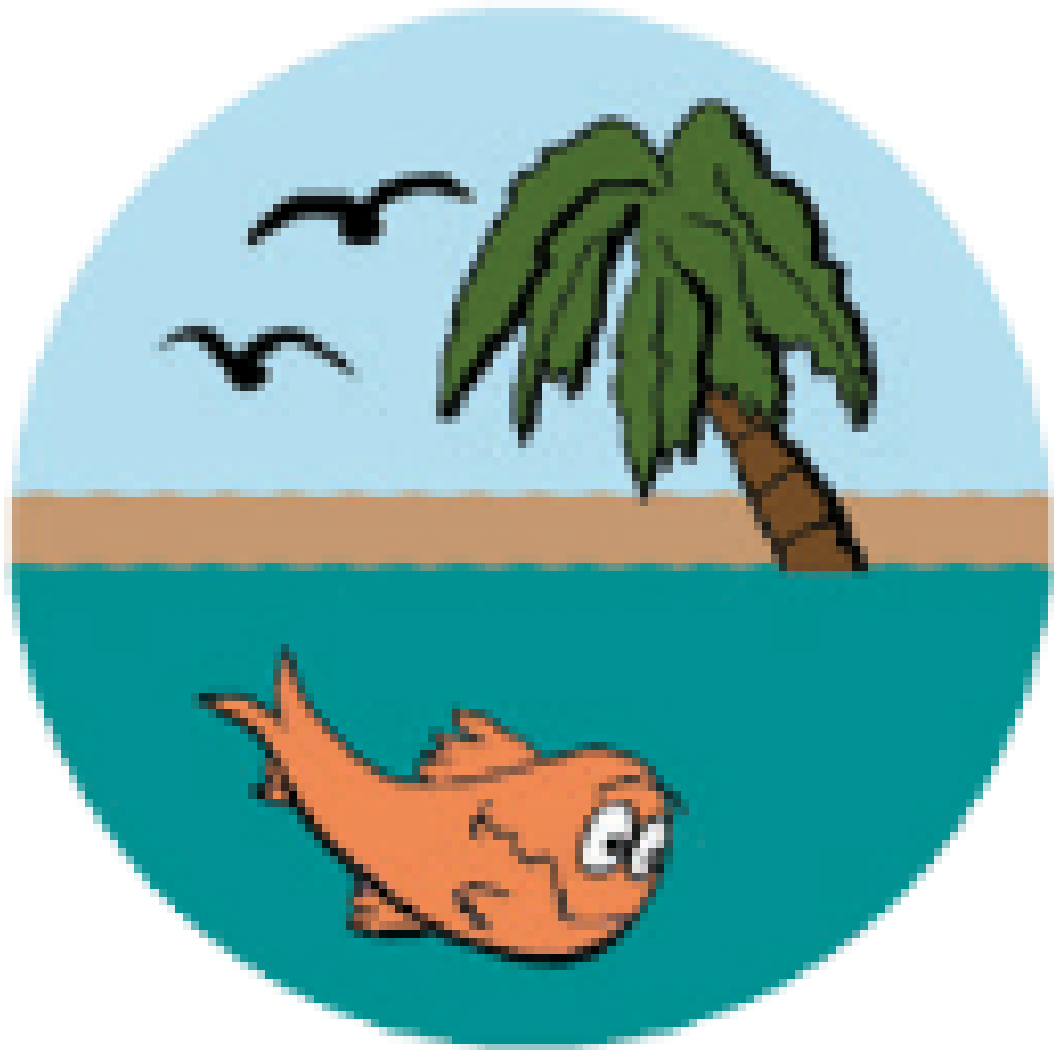
He Put Some Water **High**.



On Day Number 3,
God made the **Seas**,
He made the **Land** come out,
And He covered it with **Trees**.



On Day Number 4,
God made the **Sun**,
And the **Moon** and the **Stars**,
To set times for **Everyone**.



On Day Number 5,
God filled the **Seas** and **Sky**,
With **Fish** and **Whales** that swim,
And with many **Birds** that fly.



On Day Number 6,
God brought **Animals** from the ground.
He made **Man** in **His Image**
And gave him charge of all around.

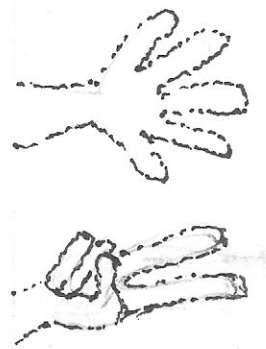


On Day Number 7

God's family bond would start.

He **rested** from creative work

To shape good in **man's heart**



7 Do

Do

Rest

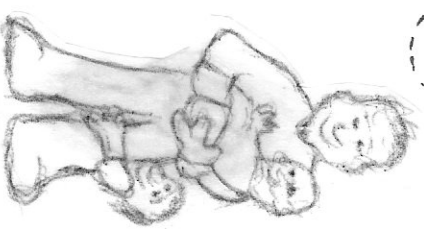
Rest

Rest

Fun

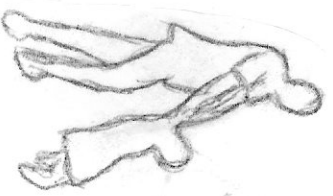
Gods

Gods



Feet

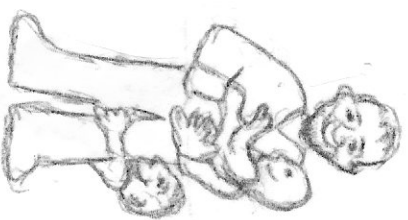
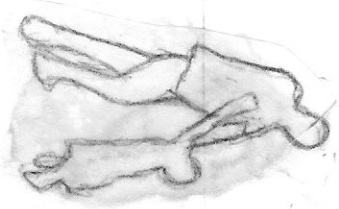
Feet



On Day Number 7 God's
Family Bond would start
He rested from creative work

To share Good in man's

Heart



Cain and Abel

Cain and Abel

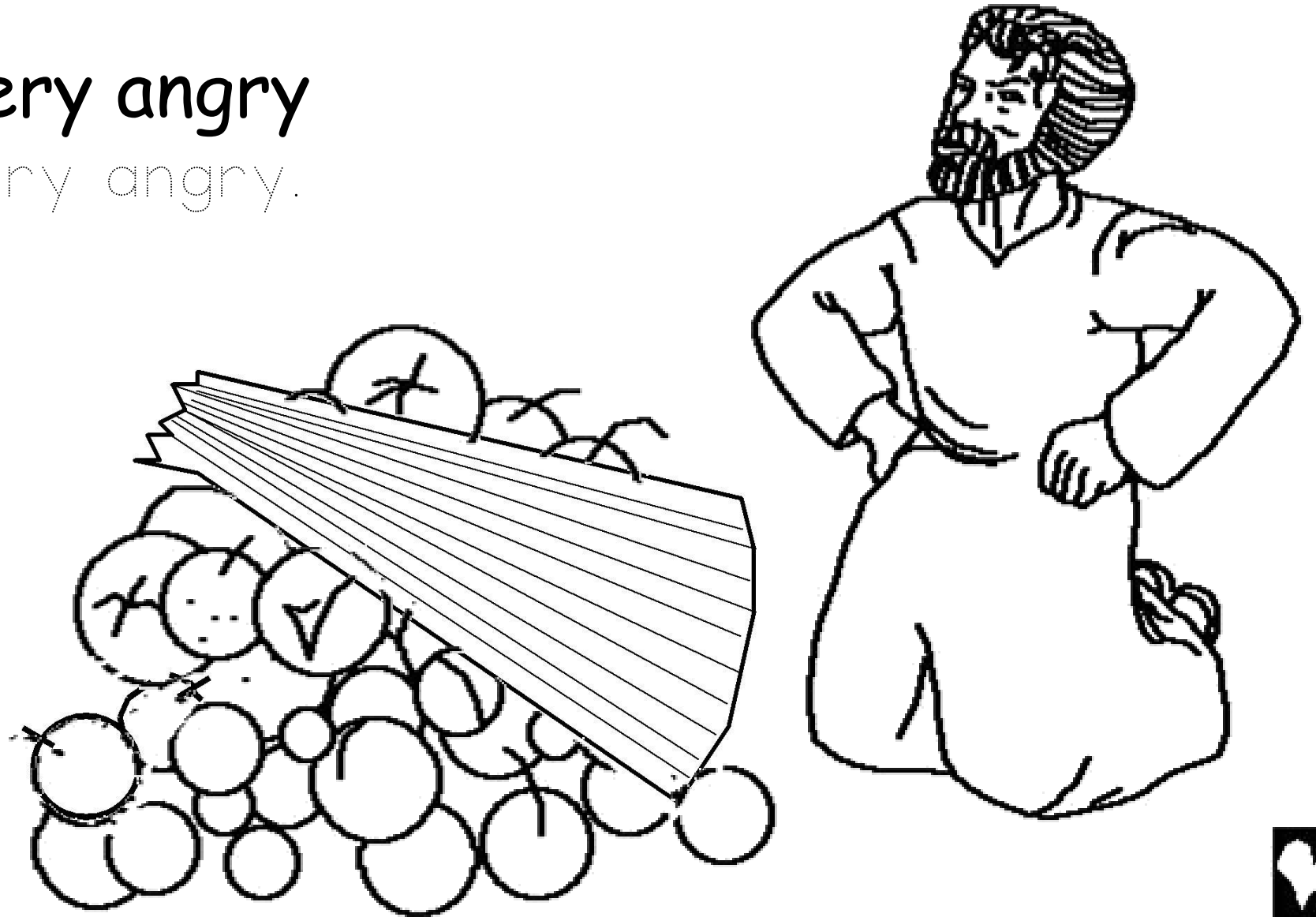


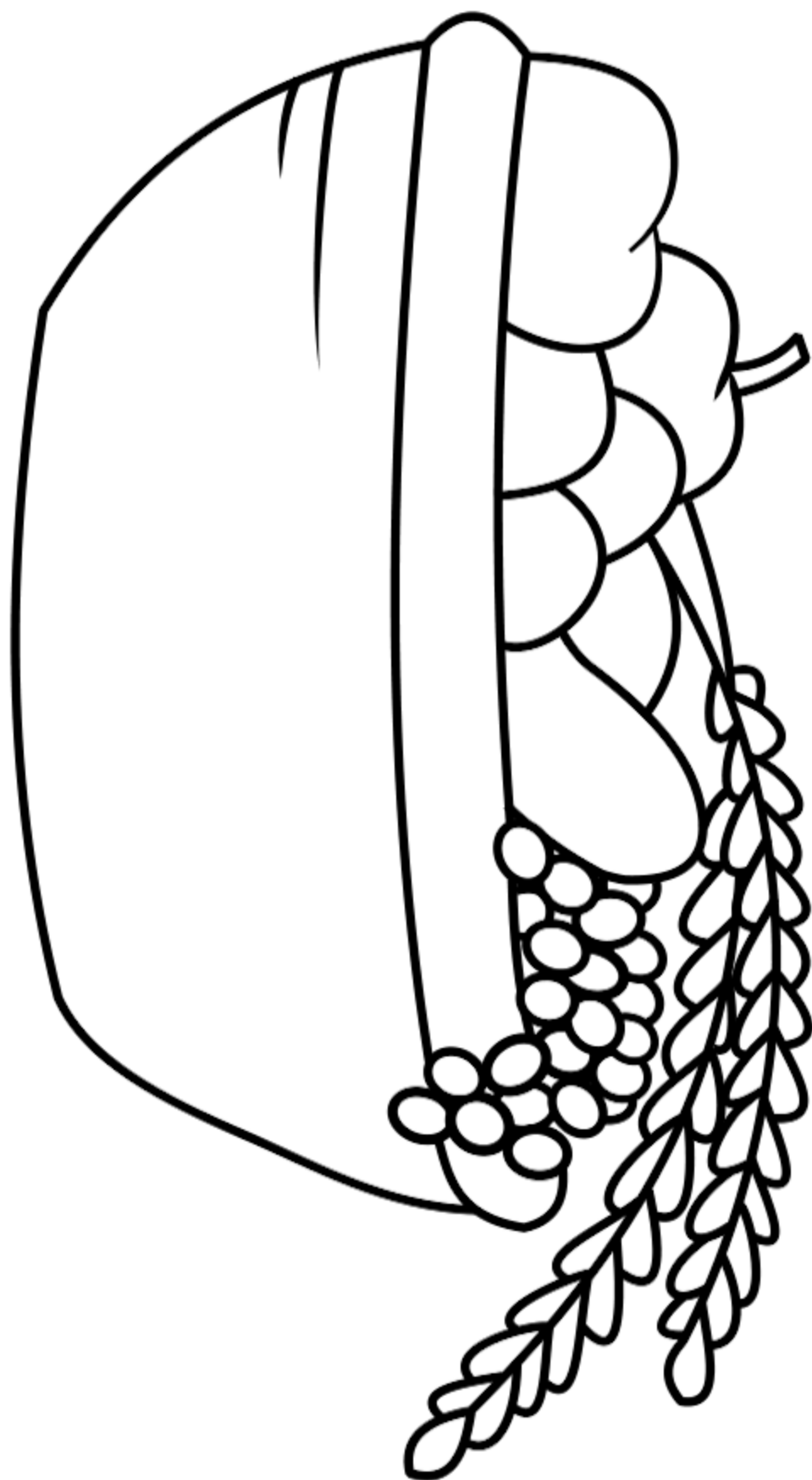
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God was not pleased with Cain's gift.

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Children's Sunday School Activities Index - Giving My Best

Menu

GIVING MY BEST

A fun activity to show how making the right choice is always the best.

TOPICS: Behavior, Child of God, Choices, Pleasing God

MATERIALS: 3 sheets of paper, marked with the letters A, B, and C

DURATION: Approximately 10 minutes

PREPARATION:

Select three corners or sections of the room, and mark with one of the paper sheets displaying A, B, or C

WHAT YOU WILL DO:

Explain to the kids you will read several situations, and that they have to choose the right answer.

Explain what the best choice would have been after everyone has given their answer.

1 - Your mom tells you it's time go to bed, do you

- A) Say, "Not now, I'm busy"
- B) Go right to bed
- C) Don't know what to do

2 - You finish playing with your new toy, that has many pieces, do you:

- A) Walk away and do something else
- B) Ask you older brother or sister to put it away for you
- C) Put the toy away neatly before doing something else

3- You are visiting relatives and for dinner they give you something you don't like, do you:

- A) Eat a bit and thank them for the food
- B) Stomp your foot down and push the plate away
- C) Tell them you hate it and ask for something else

4. A friend comes over and wants the same toy you are playing with, do you:

- A) Keep the toy for yourself
- B) Keep the toy and ask your friend to play together with you
- C) Give the toy to your friend and pick something else

5. It's time to go to church, but you are not dressed, do you;

- A) Hurry up and get dressed so no one is late
- B) Make up an excuse not to go to church this time
- C) Not sure what you would do

6 - You want to bring an offering to God next Sunday, do you:

- A) Ask mom or dad for something to give
- B) Look for some extra coins laying around the house
- C) Bring some of your money that you have saved

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Day

6

Day 6

- 1) Can you think of 2 things that man can do but animals can't do?
- 2) What is the biggest animal you know?
- 3) Who did God put in charge on the earth – animals or man?
(See Genesis chapter 1 verse 26)

God said “Let the earth be filled with animals and let us make man to be like us”.

Day

7

Day 7

- 1) Do you have some time in the week to learn about God?
(This is like your Sabbath day!)
- 2) Think of two things you learnt about God and Jesus?

On the seventh day God rested
from all His creation work
(and started to be a Father to man).
It is called the Sabbath day.